

Spotlighting Lung Cancer



MORE AMERICANS ARE DIAGNOSED WITH LUNG CANCER THAN ANY OTHER TYPE BESIDES BREAST CANCER. LEARN MORE ABOUT THE RISKS AND SYMPTOMS OF LUNG CANCER – AND HOW YOU CAN PREVENT IT.

Watch for These Symptoms

Chest pain
Chronic or worsening cough
Coughing up blood
Extreme fatigue
Hoarseness
Poor appetite
Shortness of breath
Unexplained weight loss
Wheezing



What Raises Your Risk?



Smoking

Smoking causes up to 80% of lung cancer deaths. Chemicals in tobacco smoke can damage your body's genes, leading to mutations that cause lung cancer. Your risk goes up depending on how long and how many packs a day you've smoked.



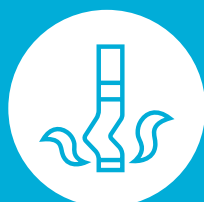
Exposure at Home and Work

Radon is the second leading cause of lung cancer. Radon is a colorless, odorless gas found in rocks, soil and water. It's often found in your home. Lung cancer is also caused by exposure to arsenic, asbestos, diesel fumes and other harmful substances.

Prevention Tips

Quit smoking.

It isn't easy, but your doctor can recommend resources that can help.



Avoid secondhand smoke.

Inhaling smoke from other people exposes you to the same dangerous chemicals as smoking.



Prevention Tips

Test your home.

A radon test can alert you to the presence of this dangerous gas.



Stay safe at work.

If you work around arsenic or asbestos, wear safety equipment and follow best practices to avoid exposure.



Learn about how Rocky Mountain Cancer Centers treats lung cancer by visiting RockyMountainCancerCenters.com/Lung-Cancer.

