

JOIN US!
Support and
Education for
Anyone Touched
by Cancer



Activating Happiness in Cancer:

A Positive Psychology Group for Patients, Survivors, and Caregivers

This 4-week group is being offered for cancer patients, cancer survivors, and caregivers. The focus of Activating Happiness aims to help people improve mental and physical health (e.g., increase wellbeing, mindfulness, and gratitude, and decrease depression, anxiety, and fatigue) through participation in a 4-week psycho-educational group.

Four consecutive Thursdays, 2:00 – 3:30pm | June 2nd, 9th, 16th, and 23rd

To register, please contact Leslie Kantor-Reid, LCSW, OSW-C at (303) 418-7683.



All groups are offered virtually through Zoom. Visit our website for a full listing.



 SCAN ME