

JOIN US!
Support and
Education for
Anyone Touched
by Cancer



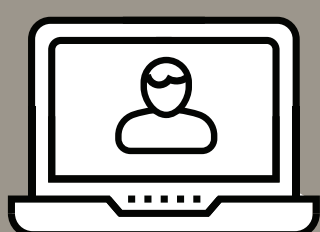
Vitamins, Minerals, and Dietary Supplements

A Nutritional Workshop

Join us for this informative class with oncology dietitian and nutrition therapist Amber Thomas, MS, RD, CSO. During this 75-minute class, we will explore the use of vitamins, minerals, and dietary supplements during and after cancer treatment. Specifically, we'll address antioxidants from food and supplements during treatment, certain compounds to avoid during active treatment, and ways to evaluate dietary supplements.

Thursday, February 17th | 1:00 – 2:15pm

To register, please scan the QR code. For questions, please contact Aubrey Melendes, LSW at (719) 667-6953.



All groups are offered virtually through Zoom. Visit our website for a full listing.



 SCAN ME